



MRCOG – UK Obstetrics and Gynecology Training Program

at Aster Medcity, Kochi, Kerala, India



Aster Medcity
We'll Treat You Well



Royal College of
Obstetricians &
Gynaecologists

MRCOG – UK Obstetrics and Gynecology Training Program

- INDIA'S FIRST Royal College of Obstetrics and Gynecology affiliated MRCOG TRAINING PROGRAM.
- MRCOG (UK) is equivalent to MS/MD/DNB in Gynecology. MRCOG is recognized by the National Medical Commission (NMC). Upon completion, the trainee will attain skills and knowledge at a UK-level basic and intermediate standard.
- MRCOG Training Programme at Aster Medcity is a partnership with the Royal College of Obstetricians and Gynaecologists (RCOG), UK.
- Equivalent to Basic (ST1-2) and Intermediate (ST3-5) training levels in the UK.
- Trainees follow the RCOG training curricula over three/five years to complete MRCOG exams and become a member of the Royal College.
- Focuses on developing professional values, knowledge, skills, and behaviours in a supportive learning environment which follows UK standards and Protocols.
- Trainees receive an E- Portfolio (including an e-Logbook) to record their competencies. Your progress will directly be monitored by UK Faculty.



- UK faculty will conduct face-to-face and virtual training sessions alongside Aster's own faculty.
- Training will be supervised by Expert, MRCOG trained Educational supervisors and Clinical supervisors.



ADMINISTRATIVE TEAM



Dr. Geetha Mary Philips
Academic Head



Dr. S Mayadevi Kurup
Training Program Director

EDUCATIONAL SUPERVISORS



Dr. Zareena A Khalid



Dr. Sherly Mathen



Dr. Shameema Anvarsadath



Dr. Teena Anne Joy

CLINICAL SUPERVISORS



Dr. Sindhu Pudhukudi



Dr. Preethi R



Dr. Archana S



Dr. Manju Udayakumar



Dr. Preethi J Nair



Dr. Nila Surendran



Dr. Shreya Venugopal



Dr. Athulya Surendran



Dr. Jaga Jayadas

Eligibility Criteria & Selection Process

Basic Training (ST1-2): Post MBBS Doctors

Trainees will enter Training at ST1. Trainees will follow the RCOG Core O & G curriculum and prepare for Part 1. A satisfactory Annual Review of Competency Progression (ARCP) outcome will be required at the end of each year of training.

The first critical progression point will be from ST2 to ST3, as the trainee will normally be 'stepping up' to become the obstetrics and gynaecology registrar. It is essential that educational and clinical supervisors are confident that the trainee has the ability to perform in this role. Trainees will be required to complete Part 1 MRCOG by the end of year 2 of training (ST2).

Intermediate Training (ST3-5)

- a. Post MBBS doctors with 2 years' experience in Obstetrics and Gynaecology, OR
- b. Doctors holding a DGO/MS degree in Obstetrics & Gynaecology
- c. Candidates should have passed the Part I MRCOG exam for direct entry into the ST3 training.

Trainees will enter Intermediate Training at ST3 level, following an assessment of basic training competencies and attainment of MRCOG Part 1. Trainees will follow the Core curriculum, and prepare for MRCOG Part 2 and Part 3. The end of ST5 is a critical progression point when the trainee hold full MRCOG, as well as be signed off for the relevant generic and specialty outcomes and practical procedures. A satisfactory Annual Review of Competency Progression (ARCP) outcome will be required for progression between each training year.

There will be 5 training posts per year and selection will be based on the candidate's performance at the interview. The purpose of this is to ensure that the process for entry into the training programme is fair and transparent. It consists of marks for aptitude for training, communication skills, ethical skills, clinical skills, extracurricular activities, paper presentations, publications and any other degrees obtained. Interview panel will consist of experts from Aster Medcity and RCOG, UK.



Applications are open from
01st July to 10th July, 2025

Course joining date
01st August 2025



✉ counselor.womenshealth@asterhospital.in

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Frequently Asked Questions

- **Number of seats per year?**

We have 5 training positions per year.

- **When does the Application process start and till when can I apply?**

Applications are open from 01st July to 10th July, 2025

- **Is MRCOG UK recognised by NMC?**

Yes, Schedule 2 of International Qualification.

- **What are the components of the Curriculum?**

- Structured training Program and Dedicated support
- Access over 400 hours of RCOG E-learning material, 70 + RCOG training courses
- E-Portfolio to record and demonstrate progression through training
- Support for preparing the MRCOG Exams
- Experienced Faculty
- Surgical and clinical exposure
- Laparoscopic and Robotic Surgery Training

- **What will be the interview process?**

It will be conducted by the Training Program Director , Academic Head and Clinical lead. The questions will be related to Basics of Obstetric and Gynaecology , Work Ethics , Professionalism and Cultural Fit.

- **Duration of International Obstetrics and Gynaecology Training programme?**

5/3 Years depending on your entry level.

- **Will I be Getting a Stipend?**

Yes , you will be paid a stipend - equivalent to the stipend of a DNB resident.

- **The degree will allow me to practice in Which Countries?**

- UK: The MRCOG is essential for career advancement in the UK healthcare system and is a pathway to specialised roles.
- India: MRCOG is recognised in India, with many doctors working in the field.
- Middle East: Countries like the UAE, Qatar, and Saudi Arabia highly value MRCOG, offering lucrative roles.
- Australia, Ireland : MRCOG is recognised in Australia,Ireland allowing doctors to practice in leading healthcare systems.

- **How do I apply? And what if I miss the closing date ?**

Contact – Mrs. Suhana Ashraf: 92880 20465

- **What is an E-Portfolio ?**

The RCOG Training E-Portfolio is a bespoke online learning tool designed for trainees and supervisors to record training and track progress through the curriculum. It has been specifically developed to support the delivery of all our new curricula, while working in conjunction with our trainees and trainers to ensure the platform delivers a high-quality user experience. It is an integral part of our accredited training programmes, with access provided to all trainees.



Events and Photos



Inauguration



First Batch With Dr. Rane Thakar, President RCOG



First Batch With Their Educational Supervisors



Interim ARCP Visit



**RCOG Accreditation Development Day 2024
RCOG World Congress At Muscat**



AsterMedcity

Aster Medcity, set in a soothingly beautiful 40-acre waterfront campus, is an 800-bed quaternary care facility located in Kochi, Kerala. Fulfilling the vision and dream of Dr. Azad Moopen, our beloved chairman, the center has been delivering quality healthcare at affordable cost through its Centres of Excellence and multi-speciality hospital since 2013. Ours is the first JCI accredited quaternary care hospital in the state and combines the best of talent and technology to provide holistic treatment with a multidisciplinary approach.

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